



METSI | CARE

Health and Wellness Care for Creatives

METSI Care is a Direct Primary Care (DPC) doctor's office that is the only subscription-based primary care practice in the country that is dedicated to providing affordable, quality care for Creatives and the Service Industry. METSI (**M**usic, **E**ntertainment, **T**ech/Start-up, and **S**ervice Industry) Care is located on E. 6th Street in Austin, TX. We provide Primary Care, Urgent Care, Women's Health, Mental Health, STD testing, Physical Therapy, and access to discounted labs, imaging, and prescriptions **without the need for insurance**. There are **no co-pays, no deductibles, and no surprise bills, ever!**

We also care for those **with** Insurance. Our annual membership rate is often less than your deductible and you get the benefit of all your doctor visits included AND significant discounts on labs, imaging, and prescriptions.

Our core values are **access, affordability, quality, and transparency**. Our mission is to **improve the physical & mental wellbeing** of our community while **lowering** health care costs.



Here's what is **included in your METSI Care membership**, for only \$69/month (*Valued at \$109/month*):

- **Doctor's Office visits** including **Mental health** treatment
- Office visits lasting **30 to 60 minutes** (*most doctors only give patients 8-12 minutes*)
- Nutrition counseling with your doctor
- Same day or next day appointments
- Access to your doctor via text, email and video chat
- Phone consults during office hours
- In-office medical procedures
- Same-day discounted prescriptions
- Discounted labs (**60-90% off retail cash pricing**)
- **Transparent pricing** for non-covered services (imaging, labs, prescriptions, etc.)
- Member access to METSI Care's referral network
- METSI Care member rates with our in-house Physical Therapist
- Referrals to affordable dental services
- Free instruments to play in the waiting room
- Access to vintage records to play in the waiting room
- Access to a beautiful space to come hang out and chat with other METSI Care members
- Free coffee and water in the METSI Art Gallery